

THE OFFICIAL MATCH DAY PROGRAMME HAMWORTHY RECREATION FOOTBALL CLUB



Date: Saturday 21st March 2026

The Meyson Properties Stadium,
The Hamworthy Club

Kick Off: 1

Velocity Wessex League

v Cowes Sports

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Today's Officials

Referee
Sean Jenkkins

Assistant 1
Huw Evans

Assistant 2
Daniel Burke

VELOCITY WESSEX LEAGUE



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MEANS

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RESPECT

HAMWORTHY RECREATION



Green Shirts, Shorts and Socks

Shane Murphy
Henry Barham
Sean Wright
Harvey Doe
Brad Hill
Brian Foulger
Aaron Roberts
Ashley Pope
Jack Lovell
Jimmy Fry
Eddie Hodge
Chris Long
Lewis McMurdo
Max Wilcock
Elliot Birtwhistle
Martin Videnov
Tom Cooper
Ash Boyt

Please see team board near the paybox for the final selection



COWES SPORTS

Blue/White Striped / Blue shorts, Blue socks.

Manager - Mark
Woodhouse/ Jimmy
Knight

Assistants - Mark
Randall (GK Coach)

ED HATT
Alex Ram
Ryan Oatley
Callum Chase
Ryan Hughes
Jimmy Mumford
George Colson
Will Bridi
Jared Tout-Walters
Scott Mcfarlane
Harrison Demspey
Morgan Perrin
Harrison Berry
Finley Phillips
George Carter-Knight
John Mckie
Charlie Marsek
Charlie Haward
Stanley Backshall
Ollie Flood
Cory Sanderson

Please see team board near the paybox for the final selection

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We welcome today's visitors

Cowes Sports



COWES FC was formed in 1881. The original club continued until December 1899, playing its final game at home against Tottenham Hotspur, before withdrawing from the Southern League. The name was revived in 1903, when a team known as Cowes White Star adopted the old club's title. Many years later, in 1980, the club merged with an Island side known as White's Sports, which then saw Sports added as a suffix - a decision not universally accepted by members at the time, but has remained since. Before moving to Westwood, the club played at the Brooklyn ground, just a stone's throw from Westwood on the opposite side of Park Road.

Although the club's history can be traced back to 1881, competitive action did not arrive until 1886 in the shape of the Hants & Dorset Junior Cup. The club then joined the newly formed Hampshire League in 1895 and the following spring Cowes were confirmed as its first-ever champions. That season the club also won the Hampshire Senior Cup to complete the double.

As a limited company, the club then ventured into the Southern League alongside the likes of Tottenham Hotspur, Millwall, Bristol City and Swindon. However, financial difficulties and a string of poor results prompted the withdrawal from the league. In 1903 the club was resurrected and nine years later celebrated moving to its current home Westwood Park by winning the Hampshire Senior Cup for the second time.

We welcome today's visitors

Cowes Sports



In 1932 the club lost the final of the Hampshire Senior Cup to local rivals Newport at The Dell, Southampton. But the day will be remembered more for the incredible crowd of 21,000 - a record gate for such a final to this day. With four figure crowds regularly being attracted to Westwood Park, It's an urban myth that the main stand was built in 24 hours in 1920. In fact it was built by voluntary labour during that summer - before a local derby with Newport. The stand remains one of the largest in non-league football in the South.

After the war, the club continued to pick up county honours and in 1963 enjoyed a run to the fourth qualifying round of the FA Cup, which saw Yeovil end our hopes of a first round proper appearance with a 1-0 victory at Westwood. The 1980s heralded a rebuilding period for the club and, in a bid to attract more local players to Westwood Park, Cowes merged with Whites Sports. By this time the newly named Cowes Sports FC was once more a Division 2 side.

The club finally regained its place in the top flight of county football in 1989 after an exciting battle for promotion alongside the now-defunct Ryde Sports and AC Delco. Events in 1994 were even more exciting, with Cowes and Blackfield & Langley enjoying a dogfight for the Hampshire League title. Blackfield held the advantage as the final stage of the season approached, but a splendid run of results saw Cowes claim the title. During the summer, the club was accepted into the Wessex League. 1994/95 was capped with the first Isle of Wight Senior Sold Cup victory in 30 years. A thrilling 4-3 victory over Newport at Smallbrook preceded a 3-2 win against Binstead in the final.

We welcome today's visitors

Cowes Sports



The 1998/99 season saw the side finish seventh in the Wessex League, but the campaign was crowned with a splendid victory over champions Lymington in the League Cup final. Two seasons later the club exceeded all expectations by reaching the last 16 of the FA Vase, losing to Taunton Town in the fifth round in front of almost 1,000 fans at Westwood Park. The IoW Senior Gold Cup returned to Westwood Park as Newport IW were defeated at Whippingham 2-1 in 2006/07. Further Gold Cup successes followed in 2012, 2018, 2023 and 2024.

Max Draper's five season tenure as Manager ended with his resignation after the 2024/25 season started badly and he was succeeded by Joint Managers Ian Potts and Mark Woodhouse who have made a steady start, guiding the side away from the relegation zone and securing another gold cup victory.



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Match Report by John Hutchings

Incredibly, minutes later, it looked like penalty number three, when Wilcock went down in the box, but instead, the ref showed the Rec man a yellow card, for diving - seemed harsh, he was definitely clattered.

All credit to Poppies, who stuck to their task and pulled one back, on 68m. MEDWAY scrambling the ball in from a corner, followed by Meddah blazing a shot over the bar, before Rec pressed again, with Jake Dove surging forward and hitting a beauty, which White brilliantly tipped over the bar.

But it was five a minute from time, when CHRIS LONG ran onto a through ball and slammed in with his right foot, his fifth goal in the last three games, to complete a good night for the hosts

. FT 5-1.

.

Match Report by John Hutchings

The lead should have been doubled, but Wilcock blazed wide following Hill's great run and cross. HT 1-0.

Wincanton started the second half brightly and equalised on 53m. JOE BECKEY received the ball on the edge of the area and worked an opening to fire a left footer past Shane Murphy, in the home goal, for 1-1. The visitors were now looking the better side and Murphy did well to save a header following a free-kick, but play had become scrappy, with passes going astray for both sides, but Wincanton were looking more likely winners and on 77m they took the lead. Substitute, DARREN McALASTAIR drilled his shot under Murphy, to the delight of the visitors, 1-2. It could have been three, soon after, but Rec scrambled the ball away, only for Wse to fire over.

But on 82m CHRIS LONG spared Rec's blushes when he burst into the box and thumped a shot through Radovanic, with his trusty left foot, to earn his side a point.

FT 2-2.



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Match Report by Oliver Johnston

Oliver Johnston is a year 10 student at Corfe Hills school undertaking Media Studies.

Hamworthy Recreation FC is committed to all aspects of youth football so is hosting Oliver for a two week work experience study

Bournemouth Poppies made their way to The Meyson Properties Stadium on a cold, brisk Tuesday night. Many fans from both teams travelled to the ground on this March evening to watch this local derby take place.

Rec kicked us off with a long ball from SHANE MURPHY to ASH BOYT who flicked it on to MAX WILCOCK but was offside leading for CALLUM WHITE claims a free kick for Bournemouth. Rec opened up the scorline as EDDIE HODGE placed it perfectly after Bournemouth's keeper, came off his line. HAMZA TALLAL tracked back but couldn't hook his foot around it, leading the ball to hit the back of the net.

Hamworthy 1:0 Bournemouth

Bournemouth were the first to bounce back as HAMZA TALLAL played a ball through to NASIM MEDDAH but cleared out by LEWIS MCMURDO and Hamworthy break on the attack. ASH POPE beats his man and drives with the ball, he shoots from the left flank but crosses wide and out for a goal kick. A few minutes later, EDDIE HODGE was driving down the right wing and was taken down in the box. Referee called a goal kick to Hamworthy. LEWIS MCMURDO stops many Bournemouth's attacks, as The Poppies regain possession. A second goal came for Rec as MAX WILCOCK took a perfectly placed shot to put Hamworthy 2 to nothing up.

Hamworthy were the first to attack after the goal, as EDDIE HODGE whips the ball into the box to MAX WILCOCK to rise up and put the ball wide for a goal kick. EDDIE HODGE plays another beautiful ball into the box for MAX WILCOCK to rise up again but the ball falls short and lands in the keeper's hands. Another attack for Rec, as link up play from MARTIN VIDENOV and EDDIE HODGE leads to MARTIN VIDENOV to hook it out for a throw. A good catch from CALLUM WHITE after a ball in from EDDIE HODGE. The ball was distributed by Bournemouth's keeper and fell to MAX WILCOCK who was brought down a few meters outside the box. ASH POPE takes the freekick as the first half comes to a halt.

The second half begins as ASH POPE crosses the ball into the box but it was calmly collected and caught by the keeper. First attack by Bournemouth in the half as ETHAN CHESHIRE beats his man to find AZA KHIDER but driven wide and out for goal kick. EMANUEL OHAMEJE makes a dangerous tackle and picks up the first yellow card of the game. Another silly mistake by EMANUEL OHAMEJE, as he takes down MAX WILCOCK in the box leading to a Hamworthy penalty. ASH POPE steps up at the penalty spot and places it bottom right to put Rec 3 goals ahead.

Hamworthy 3:0 Bournemouth

. Contd

After the goal, EMANUEL OHAMEJE was taken off, for OLIVER RANDALL. Bournemouth attacked with a nice play. Rec were unable to clear the ball but SHANE MURPHY was able to claim the ball, preventing Bournemouth from getting the goal to close the scoreline down. Bournemouth were able to regain possession as LEWIS MCMURDO gave away a free kick and gained himself a yellow card. From the freekick, a Bournemouth header was drilled wide and went out for a goal kick. A few minutes later, MAX WILCOCK was taken down in the box leading to another Hamworthy penalty. A different taker, MARTIN VIDENOV, steps up to the spot. The referee blows his whistle and VIDENOV places it bottom left to put Rec 4 goals up.

Hamworthy 4:0 Bournemouth

After the goal, TAYLOR EDWARDS comes on. MARTIN VIDENOV, takes a shot from outside the right flank and outside the box, but the ball was rocketed straight at the keeper. 22 minutes into the Second half, Bournemouth get a corner that falls to CHARLES MEDWAY who pushed the ball past SHANE MURPHY to put Bournemouth on the scoreline.

Hamworthy 4:1 Bournemouth

Rec started play again with a near penalty decision as MARTIN VIDENOV tumbled in the box, after the keeper came out to claim the ball. The final decision was a goal kick, as the ball traveled out of play. A triple substitution for Hamworthy as VIDENOV, HILL and ASH BOYT came off for LONG, BARHAM and DOVE to make an appearance. Going into the last 15 minutes, Hamworthy had full possession, as Bournemouth's keeper kept every one of them out.

The scoreline will change one last time, as CHRIS LONG goes one on one with CALLUM WHITE and takes a powerful shot towards the left post to make it 5 for the home side

Final Score

Hamworthy 5:1 Bournemouth

6' Eddie Hodge

22' Max Wilcock

53' Ash Pope (Pen)

63' Martin Videnov (Pen)

68' Charles Medwell

89' Chris Long



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NEXT FIXTURES

First Team	Thursday 19th March	19:30	Away to Cowes Sports	Wessex Premier League	Cowes Sports	PO31 7NT
Reserves	Wednesday 25th March	19:45	Home to Verwood Town	Dorset Premier League	Meyson Properties Stadium	BH21 3AL
U18s	Sunday 22nd March	14:00	Home to Westland Sports	Dorset Football U18 League	Meyson Properties Stadium	BH21 3AL
U17s	Sunday 22nd March	16:00	Home to Lilliput U17 Red	Dorset Football U17 League	Slades Park	BH10 4EP

LEADING GOALSCORERS 2025/2026

Player	League	Cup	Total
Max Wilcock	10	6	16
Chris Long	12	4	16
Tom Blair	3	4	7
Ash Pope	4	2	6
Josh Toop	2	1	3
Martin Videnov	4		4
Eddie Hodge	3		3
Sean Wright	2		2
Aaron Roberts	1	1	2
Tom Cooper	1	1	2
Regan Mason		1	1
Connor Cocklin		1	1
Tony Rolls	1		1
Moss Jackson-Collis	1		1
Opposition og	1	1	2
Total Goals	45	22	67



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Carl Young

Sophie Davies

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Wayne Smith

Management Team

Chris Senior

Dave Herbert

Ryan Andress

Coaches

Jamie Moores

Goalkeeper Coach

Stephen Sharkey

Reserve Manager

Charlie Richards

Reserve Coaches

Paul Murphy

Tom Curchin

U18 Manager

Jonathan Marvin

U17 Managers

Harry Smith

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HAMWORTHY RECREATION FC HONOURS

- 2024/2025 Dorset Premier League Cup – Winners
 - Dorset Football League U18 Cup – Winners
 - Dorset Senior Cup – Runners Up
- 2023/2024 Wessex League Division 1 Champions
 - Dorset Senior Cup Winners
- 2022/2023 Development Team HCDFL Champions
- 2021/2022 Dorset Premier League Champions
 - Dorset Premier League Cup Winners
- 2018/2019 Dorset Premier League Champions
- 2017/2028 Dorset Premier League Champions
- 2014/2015 Dorset Premier League Champions
 - Dorset Premier League Cup Winners
- 2013/2014 Dorset Premier League Cup Winners
- 2010/2011 Dorset Premier League Champions
 - Dorset Premier League Charity Shield Winners
- 2009/2010 Dorset Premier League Champions
- 2007/2008 Dorset Premier League Cup Winners
 - Dorset Premier League Charity Shield Winners
- 2006/2007 Dorset Premier League Cup Winners
- 2004/2005 Dorset Premier League Champions
- 2001/2002 Dorset Combination League Champions
- 2000/2001 Dorset Premier League Champions
 - Dorset Combination Cup Winners
- 1995/1996 Dorset Combination League Champions
- 1994/1995 Dorset Combination League Champions
 - Dorset Senior Cup Winners
- 1993/1994 Dorset Combination League Champions
 - (1991/1992 – Joined the Dorset Combination League)
- 1990/1991 Bournemouth Division 1 Champions
- 1988/1989 Bournemouth Senior Cup Winners



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Fixtures 2025/2026

Date	A	H/A	GF	GA	Res	Goal Scorers
29/07/2025	Millbrook	H	2	0	W	Wilcock x 2
02/08/2025	Hartley Wintney FA Cup	H	1	2	L	Long
09/08/2025	Brockenhurst	A	2	0	W	Roberts, Wilcock
13/08/2025	New Milton Town	A	7	0	W	Blair x2, Cooper, Mason, Wilcock, Long, og
16/08/2025	Andover New Street	A	0	1	L	
19/08/2025	Portland Utd	H	2	1	W	Blair, Wilcock
23/08/2025	Petersfield Town	A	2	1	W	FA Vase - Wilcock, Blair
30/08/2025	Baffins Milton Rovers	A	1	1	D	Pope
06/09/2025	Petersfield Town	H	0	2	L	
13/09/2025	Cowes Sports	H				Postponed - Cowes travel problems
20/09/2025	Midhurst & Easebourne	H	3	1	W	FA Vase- Long, Pope ,C ocklin
23/09/2025	Christchurch	A	4	2	W	Toop x2, Wilcock, Pope
27/09/2025	Laverstock & Ford	H	2	0	W	Wright, Long
30/09/2025	Wincanton Town	H	3	4	L	Wessex League Cup Wilcock x2, Long
04/10/2025	Downton	A				Long x 2, Wright
11/10/2025	Bemerton Heath Harlequins	H	1	2	L	Long
18/10/2025	Penzance FC	A	3	2	W	Wilcock x 2, Roberts
25/10/2025	New Milton Town	H	3	0	W	Long, Rolls, Wilcock
28/10/2025	AFC Stoneham	H	1	1	D	Blair
01/11/2025	Millbrook	A	3	1	W	Pope x2, Cooper
08/11/2025	Roman Glass St George	A	1	0	W	FA Vase Round 2 - Toop
11/11/2025	Wimborne Town	H	2	5	L	Dorset Senior Cup - Blair, Pope
15/11/2025	East Cowes Victoria	A	2	5	L	Videnov x2
22/11/2025	Bemerton Heath Harlequins	A	1	2	L	Blair
29/11/2025	Cowes Sports	H				Posponed - Unfit Pitch
02/12/2025	Portland Utd	A				
06/12/2025	Hallen, Bristol	H				Postponed - Unfit Pitch
13/12/2025	Hallen, Bristol	A	0	3	L	FA Vase Round 3 - Coach Booked
16/12/2025	Portland Utd	A	0	3	L	
20/12/2025	Bournemouth Poppies	A	4	0	W	Jackson-Collis, Long x 3
27/12/2025	Andover New Street	H	0	3	L	
10/01/2026	Laverstock & Ford	A	3	3	D	Max Wilcock x3
17/01/2026	New Milton Town	A	1	0	W	Chris Long
17/02/2026	Hamble Club	H	0	2	L	
21/02/2026	Cowes Sports	A				Postponed - Unfit Pitch
24/02/2026	Sherborne Town	H	4	0	W	Eddie Hodge x2, Chris Long, og
28/02/2026	Hamble Club	A	1	3	L	Videnov
03/03/2026	AFC Stoneham	H	1	2	L	Wilcock
07/03/2026	Baffins Milton Rovers	H	1	2	L	Hodge
12/03/2025	Hythe & Dibden	H	3	1	W	Long x2, Videnov
14/03/2025	Wincanton Town	H	2	2	D	Long x 2
17/03/2026	Bournemouth Poppies	H				
19/03/2026	Cowes Sports	A				
21/03/2025`	Cowes Sports	H				
24/03/2025	Hythe & Dibden	A				
28/03/2025	Brockenhurst	H				
04/04/2026	Sherborne Town	A				
09/04/2026	Wincanton Town	A				
11/04/2026	Petersfield Town	A				
14/04/2026	Downton	H				
18/04/2026	Christchurch	H				



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League Tables

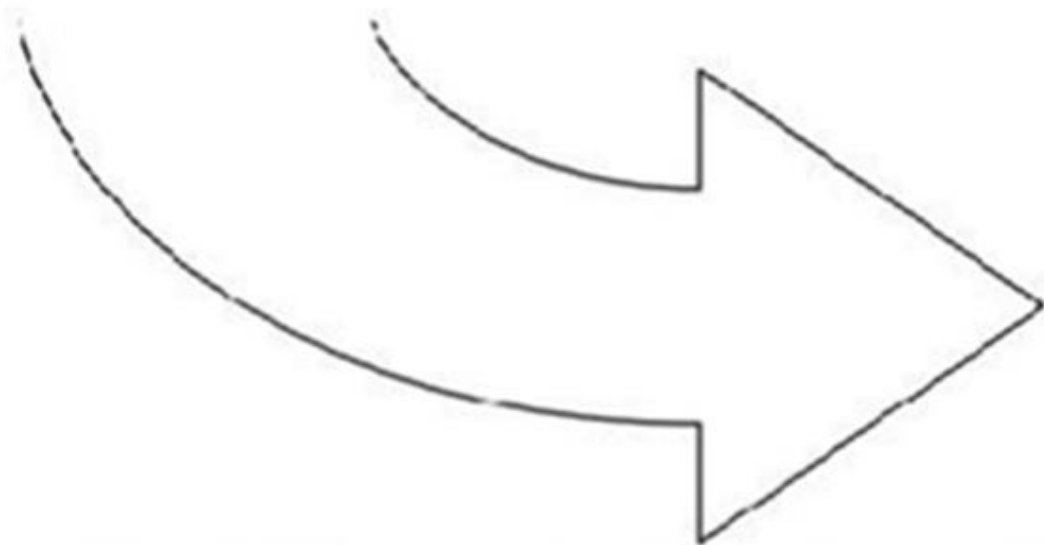
1	AFC Stoneham	28	23	3	2	86	24	62	72
2	Hamble Club	31	19	6	6	77	31	46	63
3	Portland United	30	19	3	8	69	34	35	60
4	Andover New Street	30	15	5	10	48	36	12	50
5	Brockenhurst	29	14	7	8	58	44	14	49
6	Petersfield Town	28	16	1	11	47	34	13	49
7	Downton	29	15	3	11	64	54	10	48
8	Baffins Milton Rovers	26	14	4	8	52	36	16	46
9	Laverstock & Ford	26	12	9	5	58	42	16	45
10	Sherborne Town	27	13	6	8	51	39	12	45
11	Hamworthy Recreation	27	12	4	11	47	39	8	40
12	Millbrook	29	12	3	14	57	55	2	39
13	East Cowes Victoria	27	10	3	14	38	56	-18	33
14	Bemerton Heath Harlequins	31	9	5	17	41	74	-33	32
15	Cowes Sports	26	10	1	15	33	62	-29	31
16	Christchurch	29	8	5	16	52	64	-12	29
17	Hythe & Dibden	26	6	8	12	46	58	-12	26
18	Bournemouth	33	6	7	20	40	76	-36	25
19	Wincanton Town	30	3	6	21	35	84	-49	15
20	New Milton Town	32	4	5	23	37	94	-57	14 *

* adjustment made

POS	Team	P	W	D	L	GD	PTS		
1	Blandford United FC	25	23	0	2	56	69		
2	Cobham Sports FC	25	20	4	1	69	64		
3	Dorchester Sports FC	25	18	3	4	32	57		
4	Bournemouth Electric FC	25	16	5	4	37	53		
5	Swanage Town & Herston FC	26	16	4	6	41	52		
6	Bournemouth Sports FC	27	15	4	8	19	49		
7	Holt United FC	24	15	3	6	28	48		
8	Sherborne Town FC Reserves	27	14	0	13	-16	42		
9	Hamworthy Recreation FC Reserves	26	11	3	12	-19	36		
10	Westland Sports FC	26	10	4	12	4	34		
11	Hamworthy United FC Reserves	30	9	3	18	-36	30		
12	Balti Sports FC	26	9	2	15	4	29		
13	Wimborne Town FC Reserves	29	9	2	18	-23	29		
14	Gillingham Town FC	28	7	5	16	-12	26		
15	Verwood Town FC	28	7	3	18	-38	24		
16	Portland United FC Reserves	28	5	5	18	-39	17 *		
17	Poole Borough FC	27	3	4	20	-49	13		
18	Bridport FC Reserves	24	2	4	18	-58	10		

* adjustment made

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The Wessex Football League Show is the official podcast of the Velocity Wessex Football League. We are on air live from Awaaz 99.8FM studios & simultaneously on Fiesta 95FM based in Southampton from 14:00 to 16:00 every Sunday and you can also listen live on www.awaazfm.co.uk from anywhere in the world.

Our aim is to promote all local football but specifically the 40 teams of the Wessex Football League. So far, we have had managers, chairpersons, players, press officers and secretaries joining us as studio guests, and via zoom and phone guests from many Wessex Football League clubs, as well as guests from local teams both higher up and lower down the pyramid.

This is your show and is a platform for your club to promote its events and raise its profile. If your club produces post-match interviews, please either email us a copy of the audio or give permission for us to play them on air straight from your website or social media sites, as we will aim to play them on the show.

Please come and join us one Sunday, we do have access to the two studios so it is easy to accommodate guests in the studio, for more information please email gregdickson94@gmail.com or cliffpledge@hotmail.com

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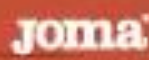
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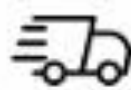
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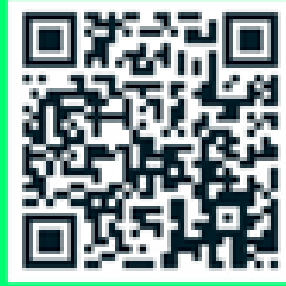
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